

Name _____













Date _____

Sort the Food Groups

Classify foods into four groups



Directions: Write each food name in the correct food-group box.

 Orange <input type="checkbox"/>	 Beans <input type="checkbox"/>	 Corn <input type="checkbox"/>	 Whole-grain pasta <input type="checkbox"/>	 Berries <input type="checkbox"/>
 Chicken <input type="checkbox"/>	 Peas <input type="checkbox"/>	 Oatmeal <input type="checkbox"/>	 Apple <input type="checkbox"/>	 Fish <input type="checkbox"/>
 Broccoli <input type="checkbox"/>	 Whole-grain bread <input type="checkbox"/>			

FRUIT

VEGETABLE

PROTEIN

GRAIN
