

Name \_\_\_\_\_













Date \_\_\_\_\_

# Sort the Food Groups

Classify foods into four groups



Directions: Write each food name in the correct food-group box.

 <b>Orange</b> <input type="checkbox"/>	 <b>Beans</b> <input type="checkbox"/>	 <b>Corn</b> <input type="checkbox"/>	 <b>Whole-grain pasta</b> <input type="checkbox"/>	 <b>Berries</b> <input type="checkbox"/>
 <b>Chicken</b> <input type="checkbox"/>	 <b>Peas</b> <input type="checkbox"/>	 <b>Oatmeal</b> <input type="checkbox"/>	 <b>Apple</b> <input type="checkbox"/>	 <b>Fish</b> <input type="checkbox"/>
 <b>Broccoli</b> <input type="checkbox"/>	 <b>Whole-grain bread</b> <input type="checkbox"/>			

**FRUIT**

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**VEGETABLE**

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**PROTEIN**

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**GRAIN**

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Name \_\_\_\_\_













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# Sort the Food Groups

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**Answer Key:** Write each food name in the correct food-group box.

 <b>Orange</b> <input type="checkbox"/>	 <b>Beans</b> <input type="checkbox"/>	 <b>Corn</b> <input type="checkbox"/>	 <b>Whole-grain pasta</b> <input type="checkbox"/>	 <b>Berries</b> <input type="checkbox"/>
 <b>Chicken</b> <input type="checkbox"/>	 <b>Peas</b> <input type="checkbox"/>	 <b>Oatmeal</b> <input type="checkbox"/>	 <b>Apple</b> <input type="checkbox"/>	 <b>Fish</b> <input type="checkbox"/>
 <b>Broccoli</b> <input type="checkbox"/>	 <b>Whole-grain bread</b> <input type="checkbox"/>			

**FRUIT**  
Orange  
Berries  
Apple

**VEGETABLE**  
Corn  
Peas  
Broccoli

**PROTEIN**  
Beans  
Chicken  
Fish

**GRAIN**  
Whole-grain pasta  
Oatmeal  
Whole-grain bread