

Name _____


Date _____

Everyday or Sometimes?


Sort foods by how often we choose them




Directions: Write E for an everyday food or S for a sometimes food.



Water



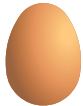
Candy




Berries




Pizza




Egg




Soda




Peas




Donut




Oatmeal



Fries



Yogurt



Ice cream

Name _____

Date _____

Everyday or Sometimes?


Sort foods by how often we choose them




Answer Key: Write E for an everyday food or S for a sometimes food.



Water



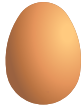
Candy



Berries




Pizza




Egg



Soda




Peas



Donut




Oatmeal



Fries



Yogurt



Ice cream