

Handwashing Steps

Wash your hands for about 20 seconds.

Name: _____ Date: _____

1



Wet your hands

Use clean, running water.

2



Add soap

Use enough soap to cover both hands.

3



Scrub all parts

Rub palms, backs, fingers, thumbs, and nails.

4



Rinse well

Rinse away all soap under running water.

5



Dry your hands

Use a clean towel or air dryer.