

Name _____

Date _____

Pick the Right Hygiene Item

Answer Guide: Choose the item that best matches each hygiene situation.



1. You finish brushing your teeth and need to clean your toothbrush before putting it away.

☒ **Rinse it with water and let it dry**

☐ Put it in your shoe

☐ Cover it with food crumbs

2. After gym class, you want to smell fresh before going back to work practice.

☒ **Use deodorant**

☐ Use dish soap on your shirt

☐ Skip any clean-up

3. Your hair feels oily and you are taking a shower.

☒ **Use shampoo**

☐ Use toothpaste

☐ Use napkins

4. Your hands are dirty before eating a snack.

☒ **Wash with soap and water**

☐ Wipe them on the couch

☐ Ignore it