

Name _____

Date _____

Pick the Right Hygiene Item

Directions: Choose the item that best matches each hygiene situation.



1. You finish brushing your teeth and need to clean your toothbrush before putting it away.

- ☐ Rinse it with water and let it dry
- ☐ Put it in your shoe
- ☐ Cover it with food crumbs

2. After gym class, you want to smell fresh before going back to work practice.

- ☐ Use deodorant
- ☐ Use dish soap on your shirt
- ☐ Skip any clean-up

3. Your hair feels oily and you are taking a shower.

- ☐ Use shampoo
- ☐ Use toothpaste
- ☐ Use napkins

4. Your hands are dirty before eating a snack.

- ☐ Wash with soap and water
- ☐ Wipe them on the couch
- ☐ Ignore it