

# Finish the Healthy Word

Write the missing letters to complete each health and wellness word.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1

W \_ T E R

\_\_\_\_\_

2

S L \_ E P

\_\_\_\_\_

3

W A \_ K

\_\_\_\_\_

4

F R U \_ T

\_\_\_\_\_

5

B R \_ S H

\_\_\_\_\_

6

S H O \_ E R

\_\_\_\_\_

7

D O C \_ O R

\_\_\_\_\_

8

H E A \_ T H

\_\_\_\_\_

9

D E N \_ I S T

\_\_\_\_\_

10

E X E R C \_ S E

\_\_\_\_\_