

Healthy Habits Word Search

Find and circle the 8 health and wellness words. Words go across or down.

Name: _____ Date: _____

W	A	T	E	R	P	Q	L	S	M
H	Z	X	C	V	B	N	L	D	F
E	Q	S	L	E	E	P	K	R	O
A	O	M	Y	U	J	N	W	S	C
L	F	R	U	I	T	A	G	H	T
T	I	D	P	H	K	L	E	O	R
H	B	R	U	S	H	Q	M	W	R
C	F	Z	X	Y	V	A	W	E	L
D	O	C	T	O	R	B	N	R	K
J	G	W	A	L	K	E	T	S	I

Words to find

- WATER
- SLEEP
- WALK
- FRUIT
- BRUSH
- SHOWER
- DOCTOR
- HEALTH

One healthy habit I practice:
