

Plan a Quiet Break and Return - Level 2

Level 2: time subtraction and self-advocacy



Em wants a quiet break during art club. Em chooses to tell the club leader and use the quiet room. Read the agreed practice plan.

Leave activity	2:10 PM
Quiet break	10 minutes
Return location	Art table in Room 3
If more time is needed	Tell the club leader before the planned return.

Sample answers below. Accept equivalent wording and supported communication.

1. What time is the planned return?

2:20 PM (2:10 plus 10 minutes).

2. At 2:17 PM, how many minutes remain?

3 minutes.

3. Where does Em return?

Art table in Room 3.

4. Em needs a longer break. Write or say a request.

Example: I need more quiet time. Can we agree on a later return?