

PICK AND PLAY

Make the hangout yours

Choose a plan and practice saying what works for you.

Name _____ Date _____

1 Pick an activity you would enjoy, or add your own.

MAKE MUSIC



Listen or sing

PLAY A GAME



Cards or a puzzle

MAKE ART



Draw or collage

My own idea: _____

2 Choose a twist. Practice with a partner or on your own.

TWIST A

Your partner wants a different activity.
Suggest taking turns or finding a shared choice.

TWIST B

You want a break. Explain what you need and what you would like to do next.

TRY A STARTER

"I would like ..." "What about ...?" "I need ..."
Speak, sign, type, or point. Your choice counts.

3 Switch roles or try another way to say it.

CHECK OUT: Point to one. I felt heard / I want another try

Say it, point, write, use AAC, or ask someone to record your ideas.